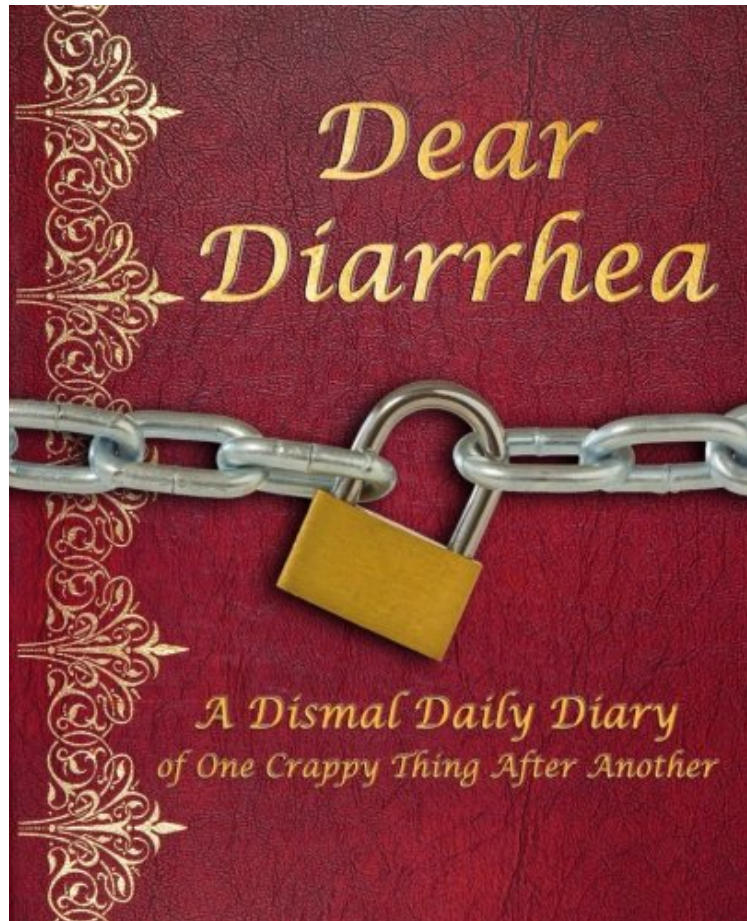


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Dear Diarrhea: A Dismal Daily Diary of One Crappy Thing After Another

Stephen White

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Stephen White : Dear Diarrhea: A Dismal Daily Diary of One Crappy Thing After Another before purchasing it in order to gage whether or not it would be worth my time, and all praised Dear Diarrhea: A Dismal Daily Diary of One Crappy Thing After Another:

1 of 1 people found the following review helpful. Great fun!By LouLove these journals!! Funny take on an old but enduring practice!!

There are a multitude of personal journals and diaries on the market for people to record the details of days filled with accomplishment, delightful surprises, emotional fulfillment, and visits from unicorns who frolic playfully under rainbows. This is not that journal. And screw those lucky people! Rather, the purpose of "Dear Diarrhea" is to write

down what really goes on in your daily life, letting you vent before you go out of your mind and embark on a highly cathartic but likely illegal rampage. Contains over 100 hilariously disastrous cartoon illustrations. Lined pages make it easy to write out your trials and tribulations. A perfect way to genuinely reduce your stress by putting frustrating events into a humorous format. A great gag gift for friends which they can actually enjoy using! Perfect for birthdays, retirement parties, "get well" greetings, and holidays!

About the Author Anita Chardonay describes herself as an "every woman" who is actively juggling life, love, the workplace, and a family. She is an expert at stress reduction methodologies - or at least trying stress reduction methodologies. Currently, she favors journaling, relaxing music, and any yoga postures which won't knock over her wine glass. Stephen White is a best-selling humorist and the author of multiple books, television programs, and (if rumors can be believed) a feature film. He also has a Psychology degree, so when he says "Dear Diarrhea" is not only funny but is potentially cathartic and a therapeutic mood lifter, you can believe him. Assuming that along with the rest of your bad luck, you're also unusually gullible.