

[FREE] He's Just Not That Into You: The No-Excuses Truth to Understanding Guys

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Greg Behrendt, Liz Tuccillo

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Greg Behrendt, Liz Tuccillo : He's Just Not That Into You: The No-Excuses Truth to Understanding Guys before purchasing it in order to gage whether or not it would be worth my time, and all praised He's Just Not That Into You: The No-Excuses Truth to Understanding Guys:

15 of 16 people found the following review helpful. This book is not about all men or all women. ***Spoiler Alert***By Sarah JI was referenced this book by an ex-coworker who is also a psychologist. I was eager to get my hands on this book but after reading some of the reviews I started questioning whether I should read this or not.I will start with the fact that I feel that this book is not for or about everyone. In the book it even states that they are not describing all men. It does say that the men that this book is NOT about are in short supply. Whether that's true or not I don't see the point of getting upset if your a man and you read this book and find that it's not about you. Be glad. I don't feel like the book is making women think that if the men that want them they are going to aggressively push to be with them. The example stories are based on fictional people but the scenarios are still very real. The book is not saying that you, the non-aggressive man, are not really interested in any woman if you're not automatically making the move. It's telling women that if they are in that situation, the guy is not the one and isn't going to magically morph into

the man that she needs or wants him to be. It's not about every woman either. I feel the same as above. If you're a woman and read this book and didn't find your chapter and thought this was stupid and common sense, that's wonderful and I'm happy for you (seriously). Everyone has their dating issues but at least you're not going after guys that aren't really interested in you. That does not mean that those of us that have found our chapter(s) are stupid and lack common sense. There are many reasons women and men love the way and the people they do. We already feel bad when we read this because we're in this book and it confirms the fears we already had/have about our relationships but it also lifts us up because now we can't (or shouldn't) use the excuses that we did before. We can see ourselves walking into the traps that we've so willingly fallen before. Before going on I'd like to mention that there are a few comments about the recently divorced man and how he would naturally need time to deal with his issues before being with someone new. I agree that in such a situation that is true. The situation in the book isn't simply the man got divorced and is trying to work through things. Scenario broken down in my own words: He knows you have feelings for him and he knows that he's not ready to be with someone new. Instead of explaining to you that he needs time and space, he treats you like the rebound that you are and sleeps with you. Repeatedly. The book is not saying that he doesn't need to work things out. It's saying that when a man recognizes your feelings (if he's sleeping with you, he knows that you're into him) and is really into you, he's going to respect you by telling you he's not ready and definitely not using you as a way to cure his lonely nights until he's healed and can move onto someone he's really into and won't want to put into a position that may end up leaving her hurt. The further I read into the book I began to feel a bit smug because I saw both men and women I recognized and was happy that I'm not like them. I began to think that I was not the audience that this book is for and then I found it. If you're interested, my chapter is chapter 11. I trapped myself by making the excuse, "If you really love him, you will accept him as he is. Not how you want him to be." Maybe they did love me but they weren't in-love with me. Everyone is different but love is not selfish. If you really love someone you should not think or feel it's ok to hurt the other person. That goes both ways. This book really helped me because I find that when I have fallen for a guy and he's treating me like a chapter 11 guy would and tells me that my concerns are in my head and that I'm being too sensitive and being a baby, I would question myself. I'd let it mess with my head. He'd tell me he loves me and that he's not like other guys and I'm selfish to want him to act like someone else. I'd cave and become more compliant. You may not care about my history but I'm going to share anyway. Recently I found myself in a three month Chapter 11 relationship. Because this relationship felt so similar to a relationship I had before I was always on the verge of breaking up with him. I hated it but I loved him and I kept telling myself that I would get him to listen to me and care that I was hurting. I ended up breaking up with him. Yes I wanted him to magically get a clue and tell me that he's in love with me and that he will change. The punch to the gut was that he asked me if I'd go out with him again. I never said I did but I allowed him to FaceTime me and he said that he wasn't really asking me to be with him again, he was just curious if I did want to. He said he knew that I wanted him to say that he would change but he knew that he wasn't going to and we'd just keep fighting about the same stuff. He still wanted me though and he felt so bad and would feel torn if he was in my position. If he was in my position he would beg for him back. Yeah he's a real winner. I didn't beg or ask him to be with me again but that didn't stop me from loving him. I still felt that if he really loved me that he wouldn't be doing this but I also kept thinking that he was probably right and I was being selfish. That's where this book comes into play. It's helped me take big strides toward moving on. Instead of confirming that previous relationship fears were right, it confirmed that my choice to end things and not beg him was the right thing for me. Every scenario in this book the man knows the woman likes/wants him. This isn't a book about shy/non aggressive men wondering if the woman is into him before he makes his move. The women described in the book also know that the man they like/want knows they feel that way. My ex-coworker said that no matter the relationship, whether romantic or platonic you must spoil each other. Both people should feel loved and respected and show love and respect to those they love. I have this book five stars because it reminded me that I deserve to be loved the way that I love. It's not selfish to want that for myself. I wasn't into the "Liz" sections but not enough to mark it down any stars and there were times when I thought the author's words regarding what men will do if they're really into you, were a bit extravagant but took it with a grain of salt. A man may go after you if he wants you but it's still important that he at least knows you like him too.

1 of 1 people found the following review helpful. Required Dating Literature
By Customer A few girl friends recommended this book to me as I began to venture back into the dating world. I have not seen the movie that is based upon this book so I started this book with no expectation. It is funny, helpful and a quick read! I am very grateful for the suggestions and I too highly recommend women who are dating read this book! I felt it was very helpful to not only better understand men (as much as we can lol) but also calm my nerves and anxieties and built confidence in myself. I received the book only a couple of days from when I ordered the product and it came in perfect condition- no wear or tear, no ripped, missing or damaged pages, and the binding was solid.

2 of 2 people found the following review helpful. Bought this as a gift
By Customer I purchased this book for a friend of mine (but I couldn't give it up until I read it too! Loved it!). My friend always seems to attract the "wrong" guy, she falls for them before she realizes they're just dirtbags!! I think this book is a great guide for women who don't always get the signals and behaviors men exhibit when "He's Just Not That Into You." My motto is, don't sleep with the guy until after you've walked down the aisle. I dated a guy for several months and told him in the very beginning

about my beliefs...he seemed kind, genuine, attentive...but after quite some time he said to me during our last date, "You mean you're really never going to sleep with me??!!" Like it was coming as a total surprise or something. When I told him "No." His exact words were, "Oh no, I can't have that." That was the last time I saw him! Good Riddance! Guess that told me what he "really" wanted. But at least he wasn't walking away with my heart! And that was awesome! He walked away the loser in many respects.

he's just not that into you.* * the six little words that changed dating forever For ages women have come together over coffee, cocktails, or late-night phone chats to analyze the puzzling behavior of men. Greg Behrendt and Liz Tuccillo are here to say that -- despite good intentions -- you're wasting your time. Men are not complicated, although they'd like you to think they are. And there are no mixed messages. The truth may be he's just not that into you. Based on a popular episode of *Sex and the City*, *He's Just Not That Into You* educates otherwise smart women on how to tell when a guy just doesn't like them enough, so they can stop wasting time making excuses for a dead-end relationship.

From Publishers WeeklyIts a classic single-woman scenario: you really like this guy, but hes giving mixed messages. You make excuses, decide hes confused, afraid of commitment. Behrendt, a former executive story editor for *Sex and the City*and a formerly single (now happily married) guy who knows all the excusesprovides a simple answer: hes just not that into you. Stop kidding yourself, let go and look for someone else who will be. After all, as Behrendt sensibly puts it, "if a (sane) guy really likes you, there aint nothing thats going to get in his way." If youre not convinced yet, by all means read this smart, funny and surprisingly upbeat little book, full of qs and as covering every excuse woman has ever made to avoid admitting to herself that a man just wasnt that smitten with her. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.From School Library JournalAdult/High SchoolWith a bright, breezy style, the authors highlight a list of actions that men take to demonstrate that they are "just not into you," using "Dear Greg" letters and replies, unscientific polls of men, lists reviewing the key points in each chapter, a comic glossary, and laugh-out-loud workbook assignments. Although this book is meant for the 20-plus career women who have been dating for a while, the empowering message that a woman deserves a man who truly loves her and not one that she must constantly make excuses for can't be learned too early.Jane S. Drabkin, Chinn Park Regional Library, Woodbridge, VA Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. `The publishing sensation of the year.' The Daily Telegraph `A new dating book, HJNTIY, is taking Britain by storm... The book cuts to the core of men's behaviour.' Daily Mail `Sometimes an idea for a new book is so blindingly obvious that we think we should have written it ourselves. The concept behind *He's Just Not That Into You* is simple but speaks universal truth about the excuses men come up with to fob off women.' Daily Express `This book, by the relationship consultants on *Sex and the City*, will be something of a godsend, as it aims to make life easier for women who want to get past the crappy get-out lines fellas use. It's wickedly hilarious, and it's sure to turn you into a stronger, better-equipped gal!' OK Magazine 'This book should be on every single woman's nightstand!...Six words to change your life forever.' Oprah Winfrey